

I AM HEART: 8-week Shamanic Level 1 Training

Class Format

In person weekends

- Feb 3rd 10-1:30 pm Shamanic Workshop & acupuncture and ritual setting
- March 23th 10-1:30pm Shamanic Workshop & closing and ritual setting
- In person sessions will be held at the following location; 5330 Olde Stage Rd Boulder Co 80302

Online Cozy Lecture Offerings Sunday Feb 4- March 24

- Class time is online Sunday 9:00-10:30am MT. Class will be recorded every week.
- Sunday lecture is al hour class, with a 30 minute journey and ceremony session
- Each week students will have experiential homework. For example attendees will make a medicine song, or set up a personal altar, or collect a totem stick in nature.

Weekly Tuesday Offerings

- Support during the week for Q & A and Qi Gong group meditations takes place Tuesdays from 4:30-5:30pm on zoom. Folks are welcome to attend in person OR online via zoom
- The Q & A & Qi Gong sessions will be held at my personal office: 3375 Iris Ave, 80301 and recorded online.
- All class offerings and weekly support will be recorded and posted online.

Gifts of Learning

- Your purchase comes with A GIFT bag of goodies like books, altar supplies, and shamanic tools.
- Note, each student will also receive a handmade drum AND astrology chart as part of their class package. Hence, pre-registration is required to personalize.
- Each student will register and receive an online password to access articles, readings, and lecture recordings. Login information will be sent out Jan 15th.

Accessibility

- One scholarship is given to an individual from a BIPOC background each enrollment cycle.
- There are low-income options; To apply for a off needs based- scholarship.
Email: illuminateyourhealth247@gmail.com
- With a needs-based scholarship you can make 6 payments of \$300 to take the class, via paypal.
- Book a meeting for any financial questions or accommodations you may need.

More Questions?

- Book a meeting with Dr. Dinallo online for a 20 minute Q & A.
- Or text 505-280-4670
- book online at illuminateyourhealth.com